

SCHOOL PROGRAM

GPs and RGs and Me!

BROUGHT TO YOU BY
MALPA + IGPTN

**YOUNG
DOCTORS
FOR
LIFE**
malpa



Australian Government
Department of Health,
Disability and Ageing



IGPTN
Community | Strength | Healing

What is YDFL?

A nation-wide project to encourage your kids to take control of their health, to help others, and to think about careers in health.



What is IGPTN?

A network for Aboriginal and Torres Strait Islander General Practice (GP) and Rural Generalist (RG) trainees to provide professional and cultural support to one another.

Why are YDFL and IGPTN working together in your school?

To introduce the idea of becoming a doctor to your child, as the best way of improving Aboriginal and Torres Strait Islander health is to increase the numbers of our health workers.

How are YDFL and IGPTN working together?

By exploring what GPs and RGs do through hands-on learning experiences.

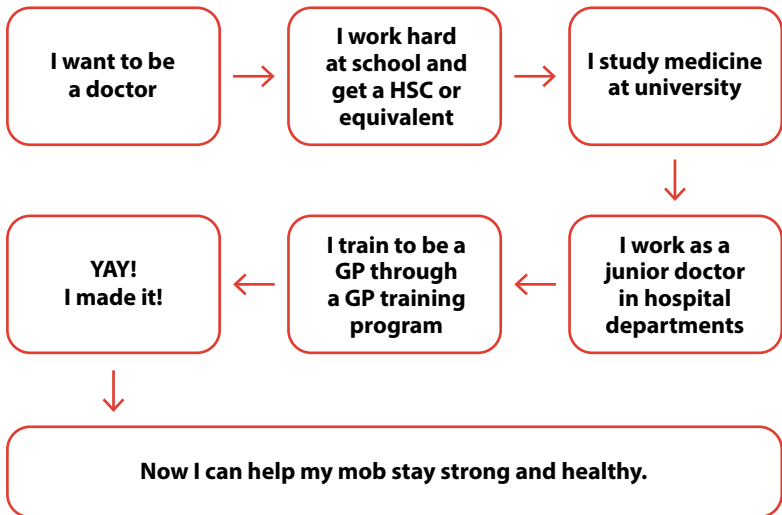
What do they mean, those terms: GP and RG?

GP or *General Practitioner* is the doctor you see when you go to health clinics for minor things like coughs, colds and flu, or day-to-day injuries. They are the first place you go for more complex things, too, and they will refer you to another specialist doctor with knowledge and skills in the area you need.

RG or *Rural Generalist* is a GP who has had extra training so they have additional specialist skills and can provide a wider range of other services such as emergency care, like obstetrics, anaesthetics and mental health.

From your kids' point of view

How do I get to be a GP?



Can I get there any other way?

Yes. There are other pathways into studying medicine. You do need interest and passion. The passion can be sparked by things like working as a hospital orderly or driver first, getting a certificate of health services, being an Aboriginal and Torres Strait Islander health worker or being a nurse first.

You can also apply for mature-age entry to the course.



**You can do this
and lots of people
have your back**

What do I need to keep me going?

- Hard work and determination at school.
- Lots and lots of support from family and friends.
- People who believe in me and remind me that I can do this.
- Organisations like IGPTN where I can get help and mentoring.
- Advice about where to get financial support and maybe even scholarships – IGPTN can provide advice around this.

Parents and carers can be a big part of this and help make it happen.

Learn more by scanning the
QR code or by visiting
www.igptn.org.au/malpa-project



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